Isabella Lam

New Thinking with Endless Possibilities

CINCH Stitch - Basic

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MATERIAL LIST

20 grams Miyuki Round Seed Beads size 8/0 **R8**

20 grams Miyuki Round Seed Beads size 11/0 **R11**

About 30 Swarovski bicone crystal beads size 4mm **SW4**

Magnetic clasp

Fireline 6lb or similar

12# beading needle

BASIC

Starting your work:
Start with a comfortable thread length. I recommend about 5 feet (about 1.50 meter) for starting.
String a stopper bead leaving about 4" (10 cm) tail. Go through the stopper bead twice to anchor the bead. (Stopper bead is an 11/0 round seed beads different color from those you are working with. This bead you will remove at the end of your work or if mentioned otherwise).

Don't Forget:

Never use the same thread you worked in your beading project to attach the clasp. Use a new thread. This will assure and allow you to replace the clasp in case in got broken or extend your work, without losing your work.

Adding Thread:

Usually I think it is best to knot the new thread into the work a few beads before the end of the thread. The knot should be between two beads and then continue through the beads that the old thread is coming out of. Only then finish the old thread.

Finishing Added Thread:

Never cut the thread near the knot point. The knot point is a weak point and can be opened. After attaching the new thread between two beads with double knot, I recommend to take the short tail left and pass it back through the beads (at least 2 inches) before cutting.

Finishing your beadwork:

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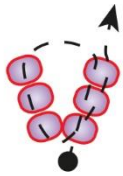
Finish all threads before adding the clasp. Try to leave the beads you will attach the clasp to free from threads as much as you can.

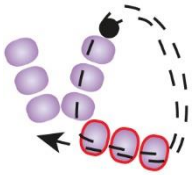
STEP 1

Ladder Stitch –

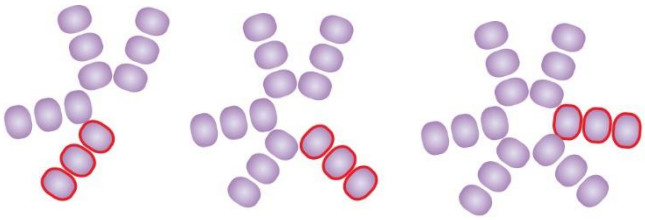
A. Pick up 6xR11. Go back through the first 3 R11 to form a circle, then go through the second 3 R11 so that your needle is pointing up.



B. Pick up 3xR11 and go through the bottom of the last 3 R11.



C. Repeat 4 more times until you have a base set of 6 columns.



D. Now go through the first set of R11 to form the whole group into a circle. Go back through the last set of R11 and end with your needle pointing up and the tail pointing down.

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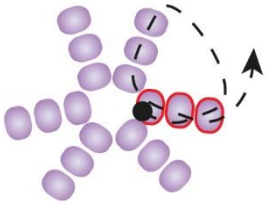
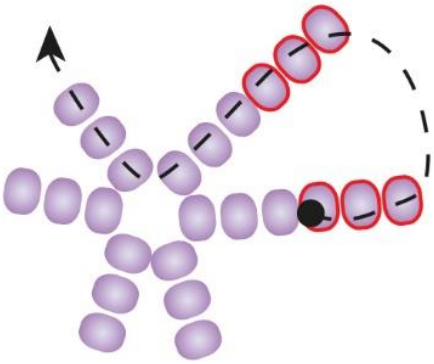


STEP 2

Pick up 6xR11 go down through the next three R11 in the base columns. Go back up through the next base set of three R11.



Repeat 2 more times. Finish by stepping up through six R11 (three from the base and three from the 6 added in the beginning of step 2).

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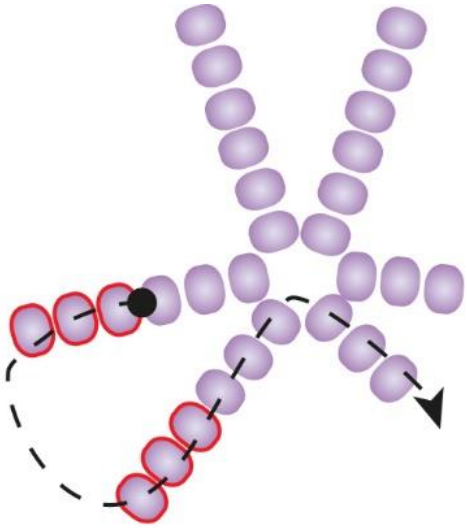

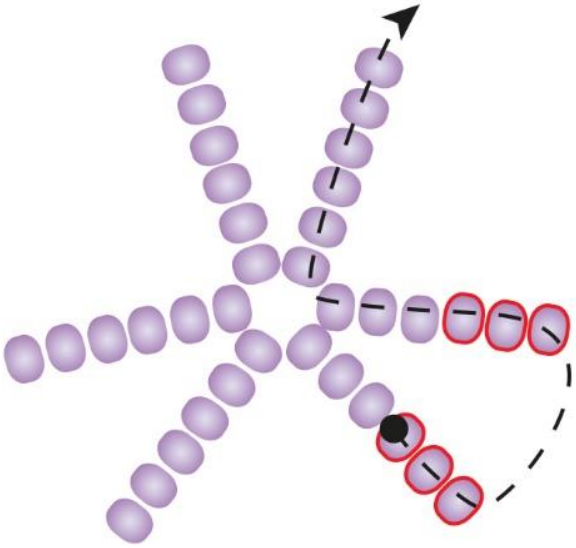

STEP 3

Pick up 1xR8. Go down through next two R11. Pick up 1xR8. Go up through second and third R11 (skip the first R11 added in step 2). Repeat two times, finish pointing out from upper R8 (first 8/0) you added.

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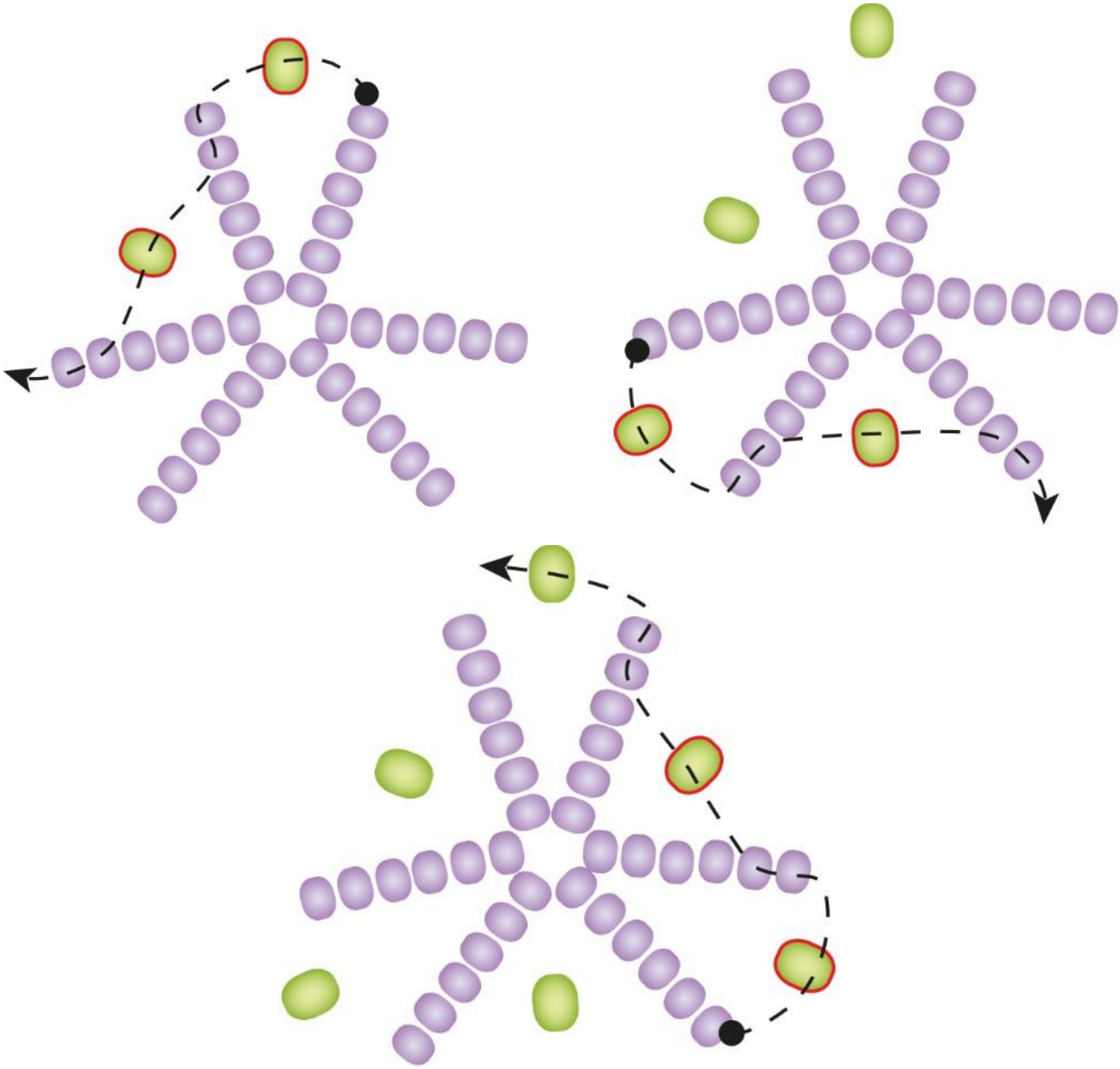

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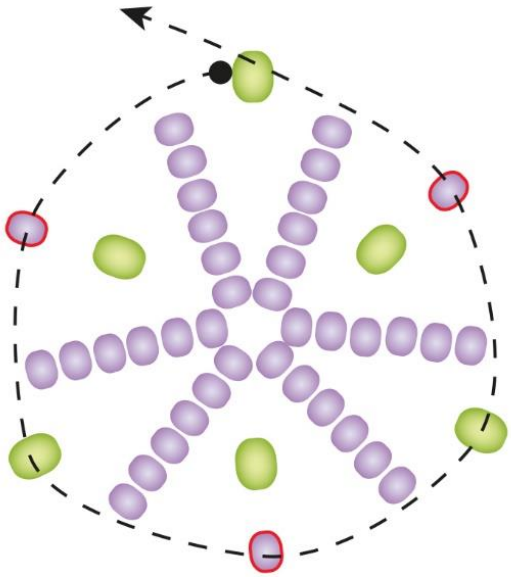
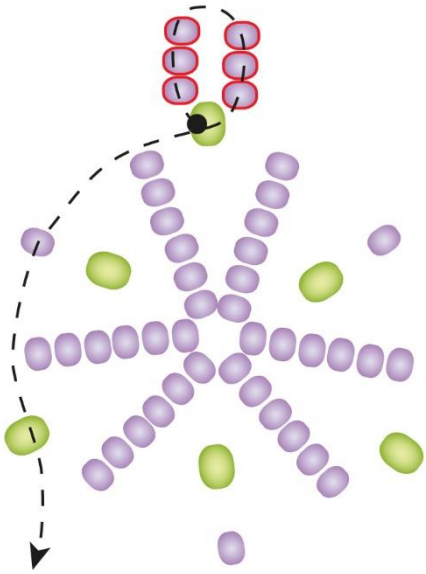
STEP 4 – CINCH STEP

Pick up 1xR11. Go through next upper R8. Repeat two times. Go through all again to cinch it tight and close gaps and to reinforce the work. Finish pointing out from the R8 from which you began.



STEP 5

Pick up 6xR11. Create loop around the same R8. Pass through the R11 to the next R8 and repeat two times. At the end, step up through three R11 of the first six R11 you added. Repeat from step 3 for the desired length of bracelet or necklace.



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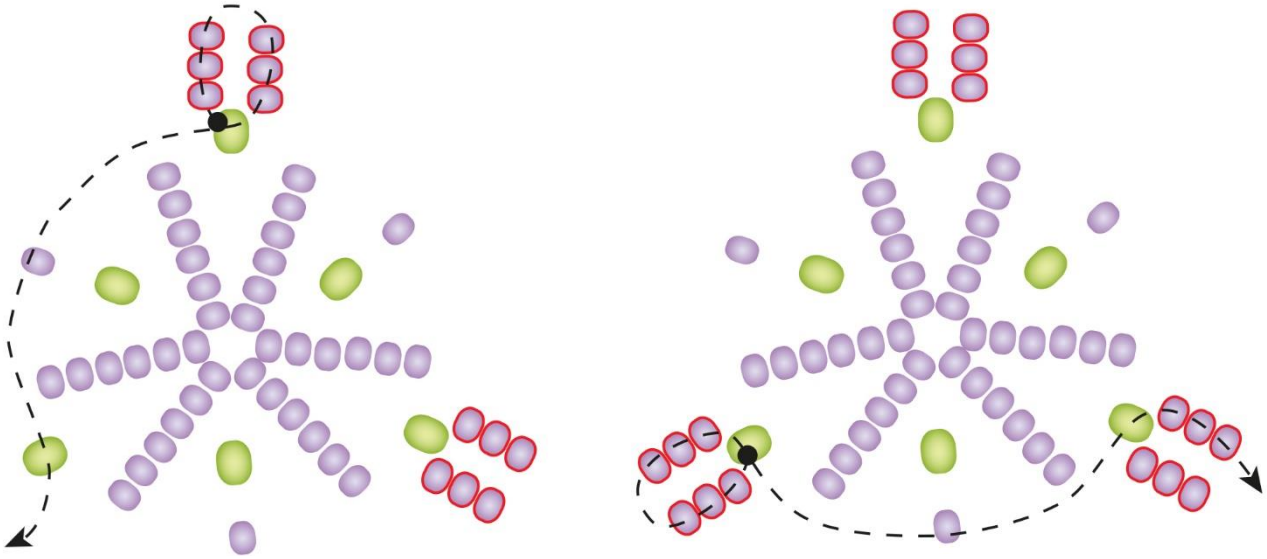
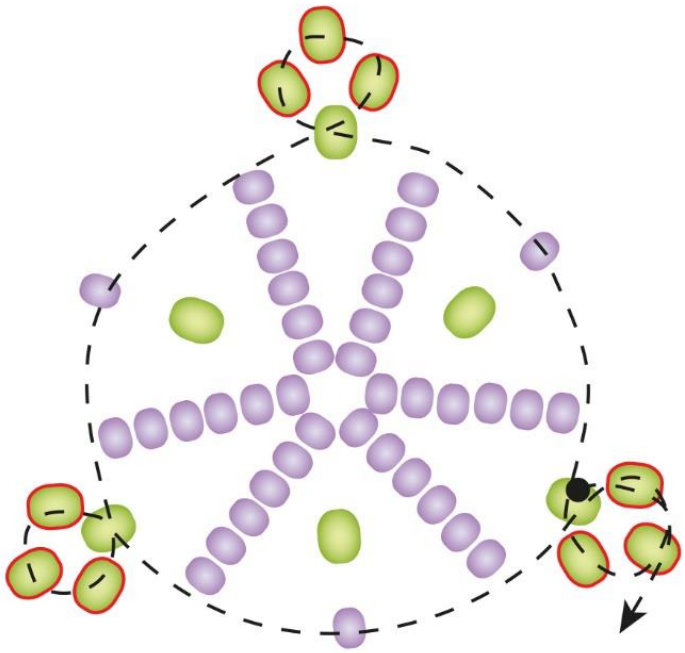


Repeat steps 3 -5 15 times. Finish at step 4

STEP 6 ADDING CRYSTALS

For adding crystals, **you should finish at step 4 pointing out from R8**.

A. Pick up 3xR8. Create loop around the same R8. Pass through the R11 to the next R8 and repeat two times. At the end, step up through three second R8 of the first three R8 you added.



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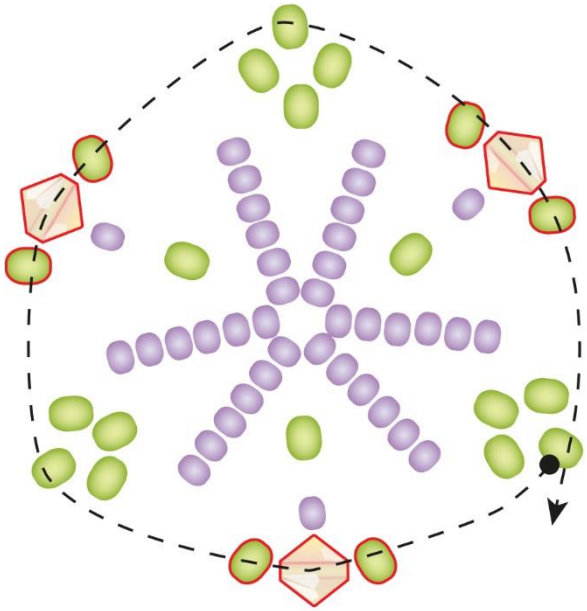
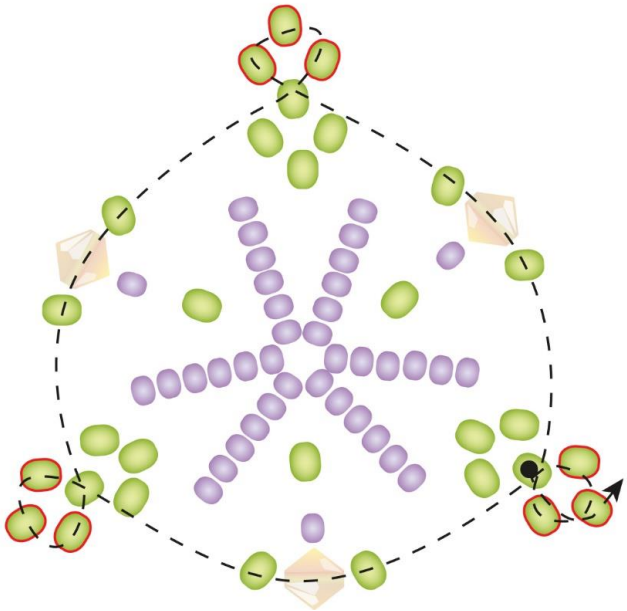
B. Pick up 1xR8, 1xSW3, 1xR8. Go through the next upper R8 and repeat two times. At the end, finish pointing out from R8 you began this step.



STEP 7

Pick up 3xR8. Create loop around the same R8. Pass through the R8, SW4, R8 to the next R8 and repeat two times. At the end, step up through three second R8 of the first three R8 you added.



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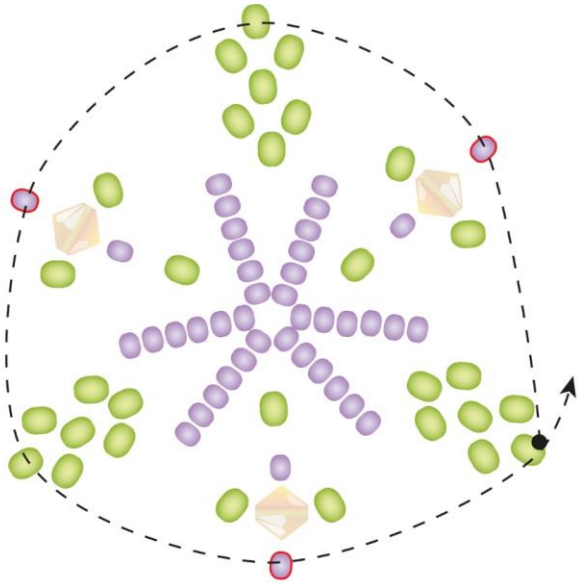
STEP 8 – CINCH STEP (SIMILAR TO STEP 4)

Pick up 1xR11. Go through next upper R8. Repeat two times. Go through all again to cinch it tight and close gaps and to reinforce the work. Finish pointing out from the R8 from which you began.



Repeat from step 3-5 for the desired length of bracelet or necklace and add crystals if you wish.

Enjoy your Beading!

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